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## RECIPE: Zucchini Oven Bites

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<https://youtu.be/slfgpxtT22c>

### INGREDIENTS

- 1 medium zucchini
- 1/4 cup finely chopped or grated onion (with no liquid!)
- 1/4 cup bread crumbs
- 1/4 cup grated cheese
- 1 egg, beaten
- 1/8 teaspoon garlic powder
- 1 tablespoon chopped fresh thyme leaves
- 1/8 cup chopped fresh parsley leaves
- 1 tablespoon chopped fresh chives
- Salt, pepper to taste

### HOW TO

Heat oven to 400° F. Spray cookie sheet with cooking spray.

Grate or finely chop 1 medium zucchini; squeeze out all of the excess water with a clean dish towel.

In medium bowl all ingredients

Shape about a tablespoonful of mixture into a small round log. Place on cookie sheet. Repeat to use all of mixture, placing 1 inch apart.

Bake 18 to 22 minutes, turning halfway through bake time.